

Health Industry Forum 2017

Artificial Intelligence in Medicine

Joe Kimura MD and Mike Zalis MD

Agenda

- Background on AI: a primer
- Separating Hype from Reality
- Examples & Use-cases
- Roadmap & Next Steps
- Q & A

Joe Kimura MD:
Chief Medical Officer, Atrius Health

Mike Zalis MD
Chief Medical Officer & co-founder, QPID Health Inc.
Associate Professor, Harvard Medical School

Background on AI: De-mystification

- **Artificial Intelligence (AI)**: Activity that resembles human capabilities of association, learning, and insight
- **Machine Learning (ML)**: Math and Software that replicate & extend human capabilities of pattern recognition & learning
- **ML applies statistics & modeling** in software to:
 - Represent essential **features** of the world
 - Allow software to update its performance in response to **training**
 - Allow software to **identify new patterns** of association in data
- **Uses:**
 - **Classification**: assigning something to a meaningful category
 - **Data Mining**: finding patterns of association in data (clustering)
 - **Dimensionality Reduction**: mapping many to few, assigning topics

Background on AI: De-mystification

- **Supervised Learning:** ML that employs training examples (reference data) provided by people.
 - Example: handwriting interpretation (US Postal service)—**classify** inputs based on meaningful categories (alphabet letters) & training cases
- **Unsupervised Learning:** ML that groups data based on mathematical & statistical properties of the data
 - Example: data mining. Finding potentially **new associations in data**. Software scans large data, but **can't assign meaningful categories** (classification)

Separating Hype from Reality

- There's no escaping statistics
 - Performance **inversely relates to complexity**, capture & volume of data
 - Engineering features (**abstraction**) is expensive
 - **Training Data is expensive**
- Healthcare is a human endeavor
 - Policy, Policing, & Payment are based on **human exercise of independent clinical judgement** and action
 - Technology **moves much faster** than regulation & the law
 - Humans don't trust '**black boxes**': **be skeptical of magic & panaceas**
- A worthy goal: AI supports humane care
 - **Reduce hassle** of necessary administrative oversight
 - Elucidate what treatments are **most effective & efficient**
 - Help people contend with a **rising tide of data**
 - **Prioritize & support meaningful human interactions**

Illustrative Use Cases: Improved Utilization Management

- **Problems:**

- Evidence Based **Guidelines are very complicated** (branching trees)
- **Reconciling** a patient's record (EHR) with guidelines **is laborious**
- Yet: **appropriateness improves** with evidence-based practice
- Distillation: how do we **make guidelines ergonomic** & useful in practice?

- **Approach:**

- Leverage Natural Language Processing (**NLP**) to expedite information retrieval from EHR, *organized by **clinical logic***
- Employ Data Science to **prune guidelines** complexity as appropriate
- Operationalize all of this in browser-based, HIPAA-compliant **software**

- **Implementation:** At Massachusetts General Hospital (MGH) and Partners Healthcare as part of order work-flow (PrOE)

- Key collaborators: Tim Ferris MD, Creigh Milford MD, Mitch Harris PhD, Sid Govindan MD, Jim Zawisa Msc

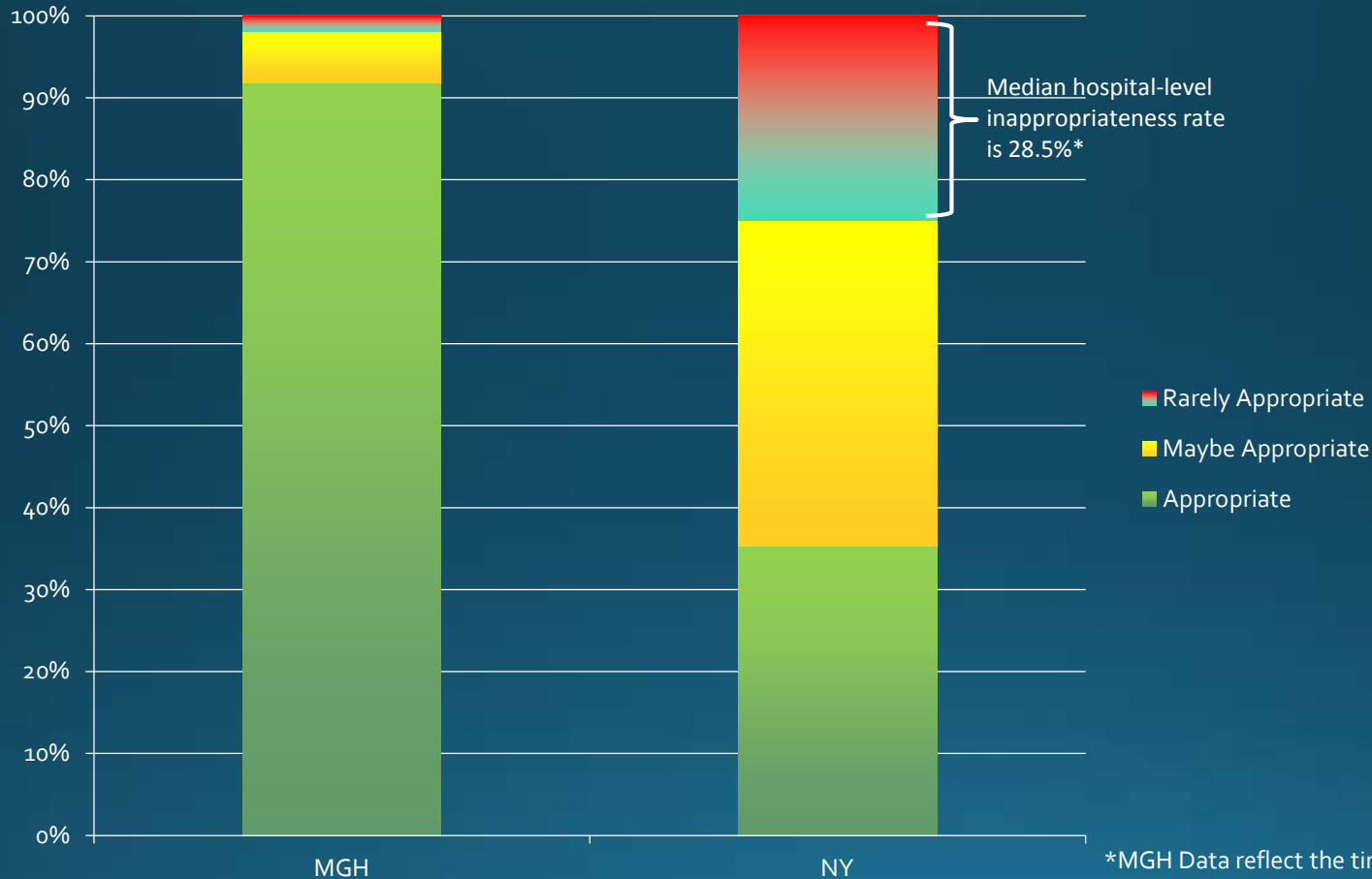
Illustrative Use Cases: Improved Utilization Management

Intervention	Clinical Summary	Guidelines	Risks	Assessment	Consent	Schedule		
Selected Labs PLT: 299 (2010-06-17) PT-INR : 2.2 (2011-03-18) PTT: Credit (2012-08-14) Na: 140 (2007-09-03) K : 2.2 (2007-09-03) Ca : 4.3 (2007-09-03) BUN : 40 (2007-09-03) Cr: 1.25 (2008-02-15) eGFR: Estimated (2008-02-15) WBC: 5.9 (2010-06-17) HCT: 39.1 (2010-06-17) Hgb : 13.2 (2010-06-17) HIT: 0.3 (2007-09-03) Billi-T: 1.8 (2007-09-03) Albumin : Hgb A1C: HDL: LDL: Triglycerides: ESR : 13 (2003-10-30)			Recent Reports Past Med History Advance Directives All Medications Antibiotics Anticoagulants				Intervention Clinical Summary Guide Appropriateness Scores: CEA: 8 CAS: 5 Medical Therapy Only: 2 Legend: 1 (Red), 2 (Red), 3 (Red), 4 (Yellow), 5 (Yellow)	
Notes LMR Notes Endoscopy Notes OP Notes Rad Reports			Risk Scores: Risk of Stroke or Death in Hospital for CEA: 0.6% Risk of Stroke or Death in Hospital for CAS: 0.4%					
Selected Searches Oxygen dependent Allergies EF less than 40 AICD/Pacemaker PFO			Tandem Stenosis Contralateral Carotid Stenosis Radical Neck Dissection Transient Ischemic Attack Cerebrovascular Disease Stroke < 2 weeks					
DIS 01/09/2010 Discharge Summary ...r function with pulmonary pressures 3/4 systemic, PFO with bidirectional flow, small left pulmonary artery with difficul...			1 result for *VIR_PFO					
Recent MI Sleep Apnea								

< Back - Intervention Save Next - Guidelines >

Illustrative Use Cases: Improved Utilization Management

Appropriateness Scores for Diagnostic Catheterization for Suspected CAD at MGH* vs. NY Cardiac Database**



*MGH Data reflect the time period 8/2013- 8/2014.
**Hannan, EL, et al. Appropriateness of Diagnostic Catheterization for Suspected Coronary Artery Disease in New York State. CIRC INTERVENTIONS. January 28, 2014. 113.000741

Improved Utilization Management: Implementation and scaling issues

- **Lessons Learned:**

- Innovation **can satisfy** multiple stakeholders (patient, clinician, payer)
- **EHR interoperability** (free flow of data, open workflow) remains **poor**
- **Market dynamics complex** for utilization management

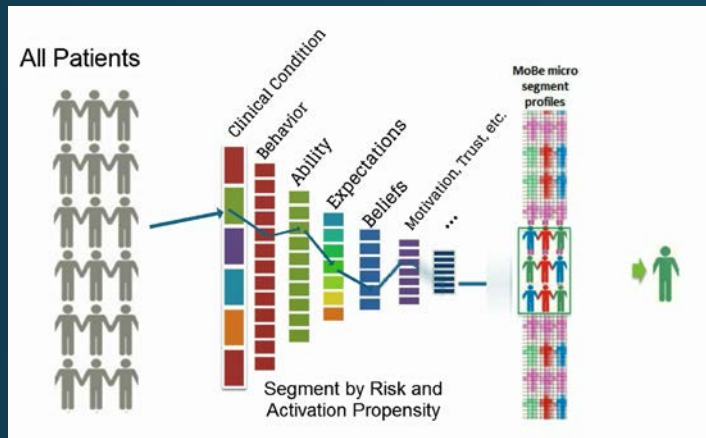
- **Problems:**

- **NLP ability** to answer questions using unstructured EHR data is **limited**
- Challenge to acquire enough **training data** for models & NLP
- Business case challenge: who really benefits from improved workflow?
 - Key stakeholders do not necessarily value workflow & experience innovation
- Workflow challenge: integrating **fully functional software in EHR**

Outpatient Examples:

- Machine Learning for IoT
 - Patient facing self-management applications (Diabetes, Depression)
 - Home monitoring devices (Home activity monitoring)
- Patient Micro-segmentation for Population Health
 - Mass customization of outreach efforts
 - Constant optimization of best ways to promote change
- Provider Documentation Workflow Optimization
 - Ability to adapt to how a provider uses the EMR
 - Voice analytics augment dictation to ambient “scribe” functions
- Key Activities
 - Monitoring daily volume of streaming monitoring data from devices
 - Detect baseline and changes from baseline (Filter signal from noise)
 - Customize alerts appropriately for patient/provider/situation

Outpatient Examples:



- Population Health:
 - Behavior patterns
 - Continuous looped learning
 - Individualized plan
 - Customized action



- ML active population surveillance fits cyclic nature of chronic condition management.
- Can optimize provider and patient time and efforts and reduce empirical trial/error.

Roadmap & What's ahead

- **Matching modeling (ML) to problems**
 - Appropriateness determination
 - Feature recognition (radiology)
 - Clinical trial recruitment
 - Genomic mapping, disease & drug response prediction
- **Improve & clarify the interaction between AI & people**
 - Regulation & software ethics: defining who is taking responsibility
 - Technical evolution: AI that can explain it's rationale to a human
- **Bringing models to the data (and staying HIPAA compliant)**

Conclusions:

- AI has the potential to help us **re-think healthcare delivery**
- Despite technical challenges, there are **real use cases today**
- **Policies and regulations need to mature** around use of patient data (AI training) and advanced decision support (AI augmented automation) to safely accelerate development
- **Resist hype**: AI is not magic, and it's not a panacea
- AI can **extend, but not replace human insight & judgement**